

The Myers-Briggs Type Indicator

is the world's most popular personality assessment, found in **79% of the FTSE 100**. It provides a robust foundation for life-long personal development, using a constructive, flexible and liberating framework for understanding individual differences and strengths.

MBTI insights reveal how we see and interact with the world, our motivations and the motivations of others. This creates a strong foundation for personal growth and development, underpinning enhanced personal effectiveness.



unlocking potential